

IB/CAS Learning Outcomes

IB has identified eight outcomes to be achieved through the CAS program. The emphasis is on the *quality* of the CAS. As you are planning your CAS program, reflect on where you are positioned on the following eight outcomes.

Outcome 1:

- **increase your awareness of your strengths and areas for growth**

You are an individual with various skills and abilities, some more developed than others. You can make choices about how to move forward.

Outcome 2:

- **undertaken new challenges**

A new challenge may be an unfamiliar activity, or an extension to an existing one.

Identify new challenges that you would like to take on. Reflect on these challenges from creative, action and service perspectives.

Outcome 3:

- **planned and initiated activities**

Planning and initiation will often be in collaboration with others. It can be shown in activities that are part of larger projects, for example ongoing school activities in the local community, as well as in small student-led activities.

Outcome 4:

- **worked collaboratively with others**

Collaboration can be shown in many activities. At least one project, involving collaboration and the integration of at least two of creativity, action and service, is required.

Outcome 5:

- **shown perseverance and commitment on your activities**

A student needs to attend regularly and accept a share of the responsibility for dealing with problems that arise in the course of activities.

Outcome 6:

- **engaged with issues of global importance**

You are required to act on at least one issue of global significance. This activity may be an international project, but there are many global issues that can be acted on locally or nationally (for example, environmental concerns, care for the elderly).

Outcome 7:

- **considered the ethical implications of your actions**

Ethical decisions arise in almost any CAS activity. Evidence of thinking about ethical issues can be shown in various ways, including journal entries and conversations with CAS advisors.

Outcome 8:

- **developed new skills**

As with new challenges, new skills may be shown in activities that the students has not previously undertaken, or in increased expertise in an established area.